



Please fill out the following information and return on **"Meet the Team Night" on Thurs. 9/2** or mail to:
John McGuinness, 10 Stottle Lane, Glenville, NY 12302

Where do your BH Track Club dues go?

- Uniforms
- Invy entry fees
- Senior T-shirts
- Fitness programs
(ie. yoga)
- Equipment
- XC yearbooks
- BH Invy expenses
- Nutrition programs
- Pay driver expenses
- Offset hotel costs
- BH Invy award trophies & t-shirts
- XC pasta party

Track Club Annual Dues: (Checks payable to *BH-BL Track Club*)

- \$20/athlete/season-\$50/athlete/year (this covers XC, Indoor & Outdoor Track) \$ _____
- Additional tax-deductible donations are welcome. Amount \$ _____

Athlete Name: _____ Grade: _____

Parent/Guardian Name(s): _____

Address: _____

Home Phone: _____

Parent Emails*: _____

***Most Track Club communication is done via email.**

Check if you would like to have your names, phone, etc. added to a team directory.

**Schedules, directions, photos, forms, information, etc. are available on the
BH Track Club website at www.bhblrunners.com.**

Parent Volunteer Form for the 2010 XC Season

Driving Athletes/Tent to Away Meets:

*Drivers please pick up and complete a Drivers Form from the Track Club or download @ www.bhblrunners.com

9/25 Baldwinsville Invy/Syracuse (Boys)

I can take the team tent in my vehicle.

I can take _____ additional athletes in my vehicle.

Driver Name: _____

9/24-9/25 Manchester Invy/Manchester, NH (Girls)

(Overnight)

I can take the team tent in my vehicle.

I can take _____ additional athletes in my vehicle.

Driver Name: _____

10/1-10/2 McQuaid Invy/Rochester, NY (Girls & Boys)

(Overnight)

I can take the team tent in my vehicle.

I can take _____ additional athletes in my vehicle.

Driver Name: _____

Help at Home Meets

Tues. September 28th I can help where needed

Tues. October 12th I can help where needed

BH-BL Invitational: Saturday, October 16th (We need *everyone's* help!)

Set-up Course Course Marshals Finish Line Sell T-shirts

Clean-up Concession Donations Anywhere

Miscellaneous

Digital Photographer (online photo album)

Snack coordinator for meets

Help put together a team yearbook

Call me for anything

Help with team Pasta Party (10/29)